Mayor Warr is calling you to

Get Fit Gulfport

Lose pounds to win BIG!

The Get Fit Gulfport Team Challenge is an 8-week competition where employees compete to lose weight, make healthy lifestyle changes…
and win CASH!

First Place Team - $1000
$250/team member

First Place Overall – prize to be announced

Second Place -$600
$150/team member

Third Place -$500
$125/team member

Fourth Place -$400
$100/team member

The challenge starts on May 20th
Want in?

1. Form a <u>committed</u> team with 4 members
2. Sign-up through Human Resources
3. Complete your Wellness Panel
4. Have weekly weigh-ins

For more information and complete guidelines, visit the Human Resources web page:
www.gulfport-ms.gov/hr.shtml

What have you got to lose?